Monday, October 2nd, 2017

Today, Baylor, and Tulane Universities will be visiting. Tomorrow Westmont College, Concordia University-Irvine, Universities of Wyoming and Tulsa, Montana State, Northern Arizona and Biola Universities and will be visiting. On Wednesday, October 4th Dartmouth College, Colorado State, Seattle Pacific University and University of California, Los Angeles will be visiting. On Thursday, October 5th Northwestern College, Case Western Reserve and California Lutheran University will be visiting. All visits will be in the Post Grad Center. Sign up on Naviance, print out your confirmation, and show it to your teacher as your pass.

The kitchen staff would like all students and staff to please observe the new traffic flow for the **lunch lines**. Lines run clockwise and start behind the stairs. Please follow the ropes and do not enter through the exit. Thank you in advance for your cooperation.

JV2 tennis will be having a pizza party today at 3:15PM. Please come hungry. Practice today will depend on the rain. See you after school!

It's **College Wear Wednesday** this week! Dress in college swag and get a chance to spin the wheel in counseling for cool prizes!

Picture Retakes will take place this Wednesday, October 4th from 11:00AM - 1:00PM outside the auditorium. IF you have not yet had your student picture and/or ID taken, please plan do so during this time.

Students, are you caught up with all your classes and grades and looking for something to do during SOAR this week? Come on down to the large gym! There will be a **Martial Arts/Self Defense** presentation this Thursday, October 5th from 7:45AM - 8:45AM. Come ready to participate in the fun!! If you have any questions please see Ms. DeBolt. Hope to see you there!

Would you like to experience more peace and less fear? Come to the **Mindfulness Room** in U508 this Thursday, October 5th during SOAR, and learn about the Appreciation Audit.

If you are interested in joining us on the Mountain Vista **European Spring Break** trip to France and Italy, please attend the brief interest and sign up meeting on Thursday, October 19th at 8:45AM, during SOAR, L512. Come with your questions and get excited to see the world with other students from MVHS. This could be your last chance to sign up. See Mrs. Price is you have any questions.

ATTENTION SENIORS! Today is the day! Your **senior portrait** for the yearbook is due today! That's right, today! Go to VistaNow.org and click the Yearbook tab. You can upload your portrait, fee and quote all at once. These are your final hours. Time for delaying is long gone! Do it NOW!

Seniors! The first round of **college deadlines** is approaching! Turn in your transcript request by this Thursday, October 5th if your deadline is November 1st.

Congratulations to Matthew Wiest and Miriam Henderson for being selected to perform in the 2017 Western States Honor Orchestra Festival!