

Friday, September 1st, 2017

Next Tuesday, September 5th **University of Colorado, Denver** and **Gonzaga University** will be visiting. On Wednesday, September 6th **Northwestern University** and **Colorado College** will be visiting. On Thursday, September 7th **Emily Griffith Technical College, Grand Canyon University, Vanderbilt University, University of Kansas** and **Wartburg College** will be visiting. On Friday, September 8th **University of Missouri, Columbia** will be visiting. All visits will be in the Post Grad Center. Sign up on Naviance, print out your confirmation, and show it to your teacher as your pass.

College Wear Wednesday is next week! Wear your favorite college gear and get a chance to spin the prize wheel!

Need community service hours? Join **Key Club**! Come to our meeting next Wednesday, September 6th from 7:35AM-8:00AM, in the Auditorium, to turn in dues and learn about upcoming events.

Join the **BIONIC club** this year! BIONIC stands for “Believe It or Not I Care” and is designed to help those in need at Mountain Vista. There will be an informational meeting next Thursday, September 7th at 8:45AM, during SOAR, U316. Stop by to learn more about the club or grab an application outside of Ms. Paich’s door! Current members, please attend this meeting as well!

Do you get stressed? Would you like to learn ways to identify your triggers? Would you like to learn exercises to help break through your own personal stress patterns? Then join us in **The Mindfulness Room** during SOAR on Thursday, September 7th, U508, and learn how to de-stress.

Come join us for **Spring Break 2018** as we travel to Paris, Florence, Rome and Venice! There will be a parent informational meeting Wednesday, September 13th, at 6:00PM, L512. If you have questions, please see Mrs. Price in L512.